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- Specialist in Internal Medicine and Cardiology
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- member of Exercise is Medicine (EIM) Europe, steering board since 2014

Chairman of various national and international societies:

- the section of Sports Cardiology, European Society Cardiology from 2008-10
- Swedish Society of Sports Medicine from 2013-15
- Swedish Society of Cardiology from 2016-18
- “Task Force of Physical Activity” and the WHO-network Health Promoting Hospitals from 2013-16
- member of the IOC Task Force on “prevention of non-communicable diseases” from 2013-14.