



Prof. dr Jeroen Swart, MD, PhD, FIMS

POSITION

- Senior Lecturer, Division of Exercise Science and Sports Medicine (ESSM), Department of Human Biology, Faculty of Health Sciences, University of Cape Town

QUALIFICATIONS

- **PhD (Exercise Science)**, UCT (2012)
- **Thesis title: Perceptual Cues in the regulation of endurance exercise**
- **MPhil (Sports and Exercise Medicine)**, UCT (2007)
- **MBChB**, UCT (1998)

RESEARCH INTERESTS

- Injury prevention
- Exercise performance
- Cycling Biomechanics
- Exercise & Fatigue

- **specialisations:** Sports & Exercise Medicine

- Dr JEROEN SWART is one of the 3 founding members at Cape Sports Medicine and his love for all things cycling has led to his specialisation in injury prevention and the biomechanics of cycling, as well as in fatigue and exercise performance research. He has his MBChB ; Mphil (Sports & Exercise Medicine) and his PhD (Exercise Science).
- Jeroen's academic qualifications and extensive experience have positioned him well to fulfil many leadership roles, as well as compete at the highest levels in cross country mountain biking (7 x national champion!) He's was recently invited to perform testing on 4

times Tour de France Champion Chris Froome and has published this data in a scientific journal in 2017.

Membership

- Chair of SASCOC Technical, Scientific and Research Commission
- Director of Sports Medicine Academic Programme University of Cape Town;
- Director of International Sports Medicine Federation Center of Collaboration
- was proudly National Coach to 2012 Olympic Games squad.