



Irina Zelenkova, MD, PhD

Russian Olympic Committee Innovation Centre, Moscow, Russia

Director of Sport Science

Scientific Field of Expertise: Sport Medicine

Education:

- training in intensive care and emergency medicine (2017), Instructor of EMERGENCY FIRST RESPONSE
- INTERNATIONAL OLYMPIC COMMITTEE - Postgraduate program in Sports Medicine (2014-2016)
- training in intensive care and emergency cardiology (2016)
- IOC Sport Medicine program in 2016
- PhD in 2014 exploring the “Physiological response to hypoxic training in elite athletes”
- specialization in General practice (2011) and Sport medicine (2013)
- MD in Moscow State University in Moscow (2010)

Membership and other activities:

- Member of ANTI-DOPING Commission in Association of Aquatic Sports, Moscow, Russia
- Sports Physician of professional basketball team of MBA, Russia
- Sports Physician of Professional rally team KAMAZ-Master, Russia
- OJOS DEL SALADO EXPEDITION, Chile (2018)
- NORTH POLE EXPEDITION (2016, 2017) and SOUTH POLE EXPEDITION TO MT. WINSON - preparation for the expedition and physician of the team
- SPORTJET by SUKHOY - project of plain developed especially for elite athletes with physiological test and analysing software
- member of EUROPEAN COLLEGE OF SPORT SCIENCE
- acknowledgements from Russian Olympic committee for the contribution to sport development (2017)